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Editorial's:**Panchabhautik Chikitsa “Udar Parikshan”**

Udar Parikshan is one of great method to diagnosis or finalize disease & to help nearest way of *samparaptibhang*.

Vd.A.V. Datarshastri explained ‘*Nad Parikasha*’ in *Udar parikshana* which is helpful in giving information about severity of *Yakrutpleeha dushti*. According to Vd.A.V.Datashastri all of these *yakrutpleeha* and *mutrapinda* also called the *Agnisavstha*. He said *mutrapinda* get more functioning when *Yakrutpleeha dushti* occurs, because of all load of digestion on *mutrapinda* and result of these strain, *mutrapinada* affected. We can take *naad pariksha* of both sites on mid-clavicular line by percussion. During percussion put middle finger in the intercostal spaces and start percussion from floating rib to sixth rib of the intercostals spaces. According to severity of *Samprapti* there are *Ghana*, *Pruthvi*, *Pokal* (*Vayu/ Agani*), *Adhva nad* specially on *pleehha*. Clinically this *naad pariksha* (diagnostic method) is helpful for *nidana* and *samprapti bhanga* of the disease & also give guideline to select choice of drugs for *Samprapti bhanga/* treatment.

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